Directions: Take Exit 39 off I-5.Drive East on Allen Street, turn right on to Kelso Drive. Entrance to the park is just after the Red Lion. Please park in the first parking area outside the gate by the baseball fields. Walk into the park to the large covered area

Course: 15 K & 5K: The course is essentially flat & fast. Terrain consists of city side walk and loose gravel path. The start and finish are in Tam O'Shanter Park at the large covered area.

Thank you to our sponsors

Les Schwab

Lower Columbia Longshoremen's Federal Credit Union

Smiles –Family Dental Center

Kelso Highlander Festival
Kilted 15K & 5 K Fun Walk
P.O. Box 819
Kelso, WA 98626

City of Kelso, Les Schwab, Lower Columbia Longshoremen's Federal Credit Union, Smiles Family Dental Center present:

The Kelso Highlander Festival

Kilted 15K & 5K Fun Run/Walk

Saturday, September 12, 2009

15 K 8:00 AM

5K 8:30 AM

Tam O'Shanter Park

Kelso, Washington

Check box and circle shirt size. ☐ **5K** or ☐ **15K** **Check one**

☐ **$5.00 Registration Only** **Last Name**_____ **First Name**_____

☐ _____ **$10.00 Short Sleeve T-Shirt** **Address**_____

S, M, L, XL (XXL add $2.00) **City**_____ **State**_____ **Zip**_____

☐ **$16.00 Long Sleeve T-shirt** **Day Phone**_____ **Date of Birth**_____

S, M, L, XL(XXL add $3.00) **TOTAL ENCLOSED $**_____ **Age**_____ **Sex M/F**_____

In consideration of the acceptance of this entry, I / we hereby waive, and release myself / ourselves, my / our heirs, executors and administrators, any and all rights and claims for damages I / we may have against he Kelso Highlander Festival Commission, City of Kelso, Cowlitz County and all sponsors, volunteers, and civil organizations connected with this event, and for any and all injuries, equipment failures or damages, and any other damages. I / we further agree to defend, indemnify and hold harmless the City of Kelso and its officials, employees and agents from any damage claim or lawsuit for injury, illness, damage, or other loss of any kind to anyone including members of our organization that might arise out of our activities, actions, or omissions of any individuals of our group or business, except injuries or damages proximately caused by the sole negligence of the City. The applicant specifically agrees to waive any immunity under RCW Title 51.

Signature_____ Signature Parent or Guardian_____

Sponsored By: Les Schwab. Lower Columbia Longshoremen's Federal Credit Union . Smiles –Family Dental Center

Event: Kilted 15 K & 5 K Fun Run/Walk around beautiful Tam O 'Shanter Park and along the Coweeman River.

15 K Start 8AM

5 K Start 8:30 AM

When: Saturday, September 12th, 2009 . Starting time 8am promptly.

Where: Kelso ,Washington Tam O'Shanter city park. (Covered Area)

Post Race Activities:

Ribbons for overall male/female and top 3 per age brackets for 15K and 5K will be given. Live music beginning at 11:30 AM at finish line under covered area at Tam O'Shanter Park.

Entry Fee:

$5.00 no shirt

$10.00 Adult short sleeve t-shirt
S, M, L, XL(XXL add $2.00)

$16.00 Adult long sleeve t-shirt
S, M, L, XL (XXL add $3.00)

Registration received by August 22nd will receive shirts before day of race. ***After August 22nd, no shirt will be guaranteed.***

Registration:

You can register in person the morning of the event or by mail.

By Mail: Kelso Highlander Festival Kilted 15K & Fun Run/Walk
P.O. Box 819
Kelso, WA 98626

In Person: Saturday, September 12,2009
7:00 to 7:45 AM
Covered Area-Tam O'Shanter Park

Packet Pick-up:

Day of race only.

More Information:

If you have any questions regarding the run, please contact:

Cathy Slater (360)749-3927

Veryl Anderson (360)501-5920